

August 2024

July '24						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September '24						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
28	29 SO: 8:00-3:00 (5-8 yrs.) Wizards and Witches Camp SO: 8:30-3:30 (9-14 yrs.) Wizards and Witches Camp AS: 3:00-6:00 PM: Lifelong learning and growth mental health: Super Sleuth Day TN: 6:00-9:00 PM Teamwork and Resilience: Backyard Laser Battle - Laser tag outside	30 SO: 8:00-3:00 (5-8 yrs.) Wizards and Witches Camp SO: 8:30-3:30 (9-14 yrs.) Wizards and Witches Camp AS: 3:00-6:00 PM: Psychological resilience mental health: Rainforest Day TW: 6:00-9:00 PM: Social Bonds: Cool Aid Carnival Night	31 SO: 8:00-3:00 (5-8 yrs.) Wizards and Witches Camp SO: 8:30-3:30 (9-14 yrs.) Wizards and Witches Camp AS: 3:00-6:00 PM: Hope and optimism mental health: Robot Invasion Day TW/EEN: 6:00-9:00 PM: Creativity: Fictional Favourites Pizza Party: Costumes encouraged	1 SO: 8:00-3:00 (5-8 yrs.) Wizards and Witches Camp SO: 8:30-3:30 (9-14 yrs.) Wizards and Witches Camp AS: 3:00-6:00 PM: (5-14 yrs.) Social interaction and connection mental health: Super Mario Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) (Guest speaker) Confidence mental health: Hip Hop Thursday and Kick-a-Palooza	2 SO: 8:00-3:00 (5-8 yrs.) Wizards and Witches Camp SO: 8:30-3:30 (9-14 yrs.) Wizards and Witches Camp AS: 3:00-6:00 PM: (5-14 yrs.) Personal growth mental health: Ancestors and Artifacts Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) (Outing) Breaking harmful routines mental health: Circle K and Field Day Frenzy	3	
4	5 CLOSED FOR FAMILY DAY	6 SO: 8:00-3:00 (5-8 yrs.) Greek Outdoor Games SO: 8:30-3:30 (9-14 yrs.) Greek Outdoor Games AS: 3:00-6:00 PM: (5-14 yrs.) Role models and inspiration mental health: Royalty Reign Day TW: 6:00-9:00 PM: (10-14 yrs.) (Guest speaker) Alyssa with AHS mental health and kick the can	7 SO: 8:00-3:00 (5-8 yrs.) Greek Outdoor Games SO: 8:30-3:30 (9-14 yrs.) Greek Outdoor Games AS: 3:00-6:00 PM: (5-14 yrs.) Confidence mental health: Rock Star Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Sustainability mental health: Jazzing up a water bottle	8 SO: 8:00-3:00 (5-8 yrs.) Greek Outdoor Games SO: 8:30-3:30 (9-14 yrs.) Greek Outdoor Games AS: 3:00-6:00 PM: (5-14 yrs.) Animal therapy mental health: Paws and Claws Day TW/EEN: 6:00-9:00 PM: (Guest speaker) Stress mental health: Hip Hop Thursday and Tabletop Tournament	9 SO: 8:00-3:00 (5-8 yrs.) Greek Outdoor Games SO: 8:30-3:30 (9-14 yrs.) Greek Outdoor Games AS: 3:00-6:00 PM: (5-14 yrs.) Language skills and communication mental health: Bookish Bonanza Day TW/EEN: 6:00-9:00 PM: (Outing) Enjoying the moment mental health: Make your own ice cream sunday bar & the new Deadpool Movie	10	
11	12 SO: 8:00-3:00 (5-8 yrs.) Interactive Nintendo Games Live SO: 8:30-3:30 (9-14 yrs.) Interactive Nintendo Games Live AS: 3:00-6:00 PM: (5-14 yrs.) Self-compassion mental health: Youth Celebration Day TN: 6:00-9:00 PM: (14-18 yrs.) Accomplishment mental health: Structural engineering challenge and Minecraft competition	13 SO: 8:00-3:00 (5-8 yrs.) Interactive Nintendo Games Live SO: 8:30-3:30 (9-14 yrs.) Interactive Nintendo Games Live AS: 3:00-6:00 PM: (5-14 yrs.) Mental fatigue mental health: Wilderness Explorer Day TW: 6:00-9:00 PM: (10-14 yrs.) Well-being mental health: Moulding Masterpieces - Clay sculpting	14 SO: 8:00-3:00 (5-8 yrs.) Interactive Nintendo Games Live SO: 8:30-3:30 (9-14 yrs.) Interactive Nintendo Games Live AS: 3:00-6:00 PM: (5-14 yrs.) Concentration and focus mental health: Building and Construction Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) (Guest speaker) Jayden with Community Helpers self-care mental health and Dunk Derby	15 SO: 8:00-3:00 (5-8 yrs.) Interactive Nintendo Games Live SO: 8:30-3:30 (9-14 yrs.) Interactive Nintendo Games Live AS: 3:00-6:00 PM: (5-14 yrs.) National Relaxation Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) (Guest speaker) Social connections mental health: Hip Hop Thursday and Sardines (game)	16 SO: 8:00-3:00 (5-8 yrs.) Interactive Nintendo Games Live SO: 8:30-3:30 (9-14 yrs.) Interactive Nintendo Games Live AS: 3:00-6:00 PM: (5-14 yrs.) Emotional regulation mental health: Relaxation Retreat Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Field Trip: Sleep quality mental health: Swimming at Eastlink	17	
18	19 SO: 8:00-3:00 (5-8 yrs.) Mad Scientist Madness SO: 8:30-3:30 (9-14 yrs.) Mad Scientist Madness AS: 3:00-6:00 PM: (5-14 yrs.) Self-care mental health: Hair-raising Havoc Day TN: 6:00-9:00 PM: (14-18 yrs.) Relaxation mental health: Peaceful Pampering Party	20 SO: 8:00-3:00 (5-8 yrs.) Mad Scientist Madness SO: 8:30-3:30 (9-14 yrs.) Mad Scientist Madness AS: 3:00-6:00 PM: (5-14 yrs.) Self-expression mental health: DIY Craft Creations Day TW: 6:00-9:00 PM: (Guest speaker) Alyssa with AHS mental health and Ballpark Blitz	21 SO: 8:00-3:00 (5-8 yrs.) Mad Scientist Madness SO: 8:30-3:30 (9-14 yrs.) Mad Scientist Madness AS: 3:00-6:00 PM: (5-14 yrs.) Empathy mental health: Enchanted Tales Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Personal growth mental health: Candlelit Creations	22 SO: 8:00-3:00 (5-8 yrs.) Mad Scientist Madness SO: 8:30-3:30 (9-14 yrs.) Mad Scientist Madness AS: 3:00-6:00 PM: (5-14 yrs.) Therapeutic effects of water mental health: Marine Biology Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Connecting with nature mental health: Outdoor Cooking Class - Bannock	23 SO: 8:00-3:00 (5-8 yrs.) Mad Scientist Madness SO: 8:30-3:30 (9-14 yrs.) Mad Scientist Madness AS: 3:00-6:00 PM: (5-14 yrs.) Empowerment mental health: Survival Skills Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Field Trip: Empathy and compassion mental health: HJ's Bowling	24	
25	26 SO: 8:00-3:00 (5-8 yrs.) Summer Finale Fiesta SO: 8:30-3:30 (9-14 yrs.) Summer Finale Fiesta AS: 3:00-6:00 PM: (5-14 yrs.) Following your dreams mental health: Rockets and Planes Day TN: 6:00-9:00 PM: (14-18 yrs.) Memory mental health: Switch-a-Palooza	27 SO: 8:00-3:00 (5-8 yrs.) Summer Finale Fiesta SO: 8:30-3:30 (9-14 yrs.) Summer Finale Fiesta AS: 3:00-6:00 PM: (5-14 yrs.) Wonder and curiosity mental health: Geology Rocks Day TW: 6:00-9:00 PM: (14-18 yrs.) Mindfulness and meditation mental health: Textile Tapestry Creations	28 SO: 8:00-3:00 (5-8 yrs.) Summer Finale Fiesta SO: 8:30-3:30 (9-14 yrs.) Summer Finale Fiesta AS: 3:00-6:00 PM: (5-14 yrs.) Problem-solving mental health: Aqua Adventure Day TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Nature therapy mental health: Hydro-Mania	29 SO: 8:00-3:00 (5-8 yrs.) Summer Finale Fiesta SO: 8:30-3:30 (9-14 yrs.) Summer Finale Fiesta AS: 3:00-6:00 PM: (5-14 yrs.) Happiness mental health: Sunshine Safari Day SP: 4:00-5:30 PM: (15 W). C.A.L.M- Money Matters (Ages 5-12) (Reg. Req.) TW/EEN: 6:00-9:00 PM: (10-18 yrs.) (Guest speaker) Well-balanced lifestyle mental health: Hip Hop Thursday and Mosaic Art	30 SO: 8:00-3:00 (5-8 yrs.) Summer Finale Fiesta AS: 3:00-6:00 PM: (5-14 yrs.) Fear Factor, Trying something new TW/EEN: 6:00-9:00 PM: (10-18 yrs.) Field Trip: Social interaction mental health: Board Games and Bubbles at MILK Tea Corner	31	
1	2 CLOSED FOR LABOUR DAY	ABBREVIATIONS: AS- Afterschool (5-14) TW: Tween (10-14) TN: Teen (14-18) TW/EEN (Preteen and Teen Night) (10-18) SO: Schools Out Spring, Summer, Winer Breaks and PD or Schools Off days (5- 14) SP: Special Programs- Select Groups and Ages NOTE STARTING SEPTEMBER FIRST OUR HOURS OF OPERATIONS ARE CHANGING* AFTERSCHOOL WILL BE 3:30-5:30 and EVENINGS will be 5:30-8:00			Holidays Closed	Schools Out	Weekend



NOTES: SUMMER CAMP STARTS AT 8 AM FOR AGES 5-8 AND AT 8:30 AM FOR AGES 9-14. PICKUP REQUIRED 3:00 PM AGES 5-8 AND 3:30 PM AGES 9-14
 * early drop off is available for \$10.00 a day between 7- 8 am limited space available.

NOTES: ALL CLASSES AND COURSES REQUIRE BOOKING. WE OFFER EARLY BOOKING (2) TWO WEEKS IN ADVANCE AND SAME DAY.